



LC3 SPORT SCHOLARSHIP

For entry in September 2024

Being a Scholar is a position of honour at College. Those who earn the title will play a key role in the life of College and will enjoy a world of opportunities from which they can enrich and expand their talent and level of performance.

We place great value on our Sport Scholars and are continuously enhancing the Scholarship Programme to ensure pupils develop and fulfil their potential during their time with us. Our focus is on supporting the Scholars as 'student-athletes' and on achieving success in the long-term.

WHO SHOULD APPLY?

We know that the view of talent in any given sport is an ever-changing landscape. National Governing Bodies of Sport (NGBs) are consistently evolving their talent pathways and programmes. What counts as talent one year may differ to the next. Equally, the majority of sporting disciplines have athlete development models that explicitly require young athletes to specialise later, making sport specific 'talent' harder to discern effectively, especially at the younger age groups. There are different factors that influence the rates at which young people develop sporting talent, for example physical maturity with a single year cohort based on date of birth (relative-age effect). It is a complex picture and not as simple as who is stronger, faster and 'better' at 12, 13 or 14 years old.

At CLC, our view is that all pupils have potential. We are committed to supporting all pupils to explore and fulfil this potential, with lifelong engagement in activity at the heart of this. We will support all pupils through this journey whether they go on to become a functionally motivated gym user, a fitness class fanatic, a committed club competitor or an Olympic/Paralympic champion. Our approach to fulfilling potential, starts with all pupils, then becomes more specialised and specific as they mature and as their sport specific talent develops.

As a guide, when considering whether to submit an application for Sport Scholarship, we would expect girls to be a strong county level performer in at least one sport. That said, we know that county level differs greatly between sports. Therefore, this expectation should be considered as a guide and not a fixed requirement.

While CLC delivers a wide range of sports and activities, we would typically look for a scholar's sporting ability to be in sports that are most widely represented here. This helps us ensure that we can offer the on-going support that scholars require. These sports include hockey, lacrosse, netball, tennis, athletics, and swimming. However, as we are continually evolving our sporting offer and there is no fixed list of sports for scholarship consideration. A key consideration for us is whether we can support a girl in fulfilling her potential in her chosen sport/s and each case will be considered on its individual merits. If you have questions regarding specific sports please contact the Sport Scholar Lead, Miss Kate Nimmo: nimmok@cheltladiescollege.org

EXPECTATIONS OF AND FOR SPORT SCHOLARS

Scholars will have the opportunity to play sport regularly both as team members and as individuals. Specialist coaches are available for a range of different sports and a comprehensive programme of activities and events, that enhances the sporting life of College, is planned each year. Scholars will receive additional support, including individual mentoring and strength and conditioning. Award holders are expected to maintain a high standard of personal fitness, participate in appropriate teams and attend all practice sessions across all three terms.

Scholars will promote their sport by both participating in College and house matches and by becoming involved with the coaching of younger players. Their conduct in sport, in competition and in training must be of the highest order. They should lead by example by being ambassadors for College to guests, rivals and peers. It is important that a Sport Scholar has the leadership skills, motivation, temperament, character and growth mind-set to cope with, and excel, in this high profile role.

We set out with an expectation that those successful will retain the 'scholar' designation throughout their time at CLC. This reflects our position that a journey in sport has its 'ups and downs' and we are not predisposed to judge periods of negative sporting performance. This reflects back to our central premise of supporting both ability and potential.

That said, we reserve the right to remove the scholar designation and this will be reviewed annually, based on a Sports Scholar fulfilling the above responsibilities and satisfactorily meeting the criteria below:

- Achieving the mutually agreed targets set out at termly mentoring sessions;
- Continuing to uphold College's sporting ethos and values;
- Continuing to represent College in the sport(s) that the Scholarship was awarded for throughout the academic year (this includes pre-season and study leave periods).

HOW TO APPLY AND ASSESSMENT

To apply you will need to complete the following application form. Please complete this as fully as possible. This document, alongside further diligence from us, allows us to determine who we will invite to an assessment day. The assessment day is the second part of our decision making process and allows us to put the girls in an environment to examine their sport specific ability. They will also undertake a series of activities that allow us insight into both their wider physical and mental attributes, including physical competency and fundamental movement skills, strength and flexibility, attitude, motivations, ability to respond to feedback ('coachability') and self-reflection.

Applications should be submitted digitally to the Admissions Department (entrance@cheltladiescollege.org) by **1st October 2023**. Late applications will not be considered.

All Sport Scholarship candidates will be invited to attend an assessment day here at CLC during the week commencing Monday 5th February 2024.



Affix recent photograph
here

LC3 SPORT SCHOLARSHIP APPLICATION FORM

For entry to College in Year 9 in **September 2024**

College will process this form in accordance with our Privacy Notice: www.cheltladiescollege.org/privacy

Applicant's First Name

Surname

Current school

SPORTING BACKGROUND

MAIN SPORT:

Playing Level

School

County

Regional

National

International

Other, please state:

Length of time played

Name of teams / clubs

Please list the hours of training undertaken per week in this sport

Playing position / ranking / rating / stroke / times / distance etc. (where appropriate)

Representative honours and / or notable achievements

Details of any other sporting experiences in this sport

What do you want to achieve in this sport?

SECOND SPORT:

Playing Level School County Regional National International
 Other, please state:

Length of time played

Name of teams / clubs

Please list the hours of training undertaken per week in this sport

Playing position / ranking / rating / stroke / times / distance etc. (where appropriate)

Representative honours and / or notable achievements

Details of any other sporting experiences in this sport

What do you want to achieve in this sport?

ADDITIONAL INFORMATION

Are there any other sports in which you have trained and play regularly?

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Please summarise, in no more than 500 words, your performance targets future. We will expect to see: the 2024/25 academic year, a five-year view and a lifetime ambition.

What do you believe you would offer to CLC as a Sport Scholar?

Signature of applicant

Date

Signature of parent

Date

WHAT TO DO NOW

Please send the completed application form and two Coach references, via email, to: entrance@cheltladiescollege.org

If you have any queries or questions, please do not hesitate to contact the Sport Scholar Lead, Miss Kate Nimmo (nimmok@cheltladiescollege.org)

The closing date is 1st October 2023.



LC3 SPORT SCHOLARSHIP REFERENCE FORM – CONFIDENTIAL

To whom it may concern:

One of our Sport Scholarship applicants has named you as a referee. In order to progress their submission, we would be grateful if you could complete the questions below and include anything else which you feel might be of importance. Thank you for your time.

Applicant's name

Name of referee

Position

Name of School or Club

Email address

INFORMATION ON THE CANDIDATE

How long have you known the applicant and in what capacity?

What is their current playing standard in their main sport(s)?

How often is the applicant involved in these activities each week?

Please comment on the candidate's sporting ability and achievements. Include any observations about their input and enthusiasm and any other areas that might be relevant to her suitability for a Sport Scholarship at CLC.

YOUR PERSPECTIVE ON THEIR SPORTING POTENTIAL

Does the applicant have the ability and temperament to develop further? To what extent do you see this happening?

ADDITIONAL INFORMATION

Please include here any further information that you feel is relevant to their application.

Please complete and return this form via email, by the closing date of **1st October 2023** to:
entrance@cheltladiescollege.org

If you have any queries or questions, please do not hesitate to contact the Sport Scholar Lead, Miss Kate Nimmo (nimmok@cheltladiescollege.org).